

How will kidney failure affect my life?

Kidney failure will affect your life in many ways. You may find you cannot do all the things you used to do at home or at work. You may have less energy and may feel depressed. Physical problems may include

- ankle or belly swelling
- stomach sickness
- throwing up
- loss of appetite
- feeling tired
- weakness
- confusion
- headaches

Having kidney failure does not have to take over your life. Having kidney failure does not have to mean giving up hobbies, work, social activities, or time with family.